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Evaluation of the Effectiveness of Social Adjustment Items, Self-Efficacy and Superhuman Cognition Using the Effectiveness of Cognitive Therapy

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Abstract

Changing societies, facing different challenges have led to the formation of new interpersonal relationships. Some of these relationships have helped to develop and solve challenges, and some have made the survival of societies difficult. These relationships are observed between different groups, classes and institutions to the extent that one of the indicators of differentiation between groups is the existence of interpersonal and social relationships that are different from each other. The relationship between delinquency and the therapeutic status of individuals has been considered by psychologists from the beginning. Different schools of psychology each explain delinquency in terms of their attitudes toward psycho-behavioral issues. Genetic disorders, physical characteristics, learning and imitation of parents, instinctual tendencies, suppressed anger, other series and weak moral conscience, assimilation with friends, problem identification, irrational beliefs, low self-esteem, self-control and self-efficacy and self-efficacy Social are among the factors whose symptoms have been seen in criminals and prisoners. Of course, in the case of prisoners, the cause-and-effect relationship between psychological problems and incarceration may not be clear. Although injuries such as schizophrenia, depression, anxiety, and personality disorders are common among inmates, some experts believe that these disorders may be due to the high-pressure environment of the prison, and one cannot be sure that these people will experience the same problems when entering prison.

.Keywordsdelinquency, psychological problems, prison, disability disorders