

## The relationship between psychological well and psychological hardiness oil company employees

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bstract

This research aimed to investigate the effect of psychological well-being and quality of life and psychological hardiness oil company employees shazand Khomeini (Arak)This study is descriptive correlation was performed. The sample consisted of employees Imam shazand Oil Refining Company (Arak) who were selected by simple random sampling. To do this test to measure psychological hardiness ¬Yaby Kybasa (\9\7), Psychological well-being scale ( \ 99\ 2) Quality of Life Questionnaire (WHO, 199A) was used.. Therefore, it has been considered as a good case study in this field. First, the effective factors on human resources promotion are determined by reviewing the related literature and after that they are prioritized using Fridman's test.

The findings of this study showed that,Between psychological well-being and quality of life and psychological hardiness oil company employees shazand Khomeini (Arak) there are multiple relationships.The views of respondents on the psychological well-being and quality of life and psychological hardiness oil company employees shazand Khomeini (Arak) based on demographic characteristics (Except for age, marital status and sex) There is a difference.

Keywords: psychological well-being and quality of life and psychological hardiness