



Herbal Medicine in the Treatment of Fatty Liver Disease: Evaluation of the therapeutic Effects of some herbs that constitute Magic Liver herbal distillate

Maryam Jamzadfard¹

*Golbahar Gostar Company(Iran).
Georgian alternative medicine Company
(Georgia).*

Hamidreza Ebrahimi

*Golbahar Gostar Company (Iran).
Georgian alternative medicine Company
(Georgia).*

Abstract

Fatty liver is a reversible condition where large vacuoles of triglycerides accumulate in liver cells by the process of steatosis. Oxidant stress is a major contributing factor to the pathogenesis of ALD and NAFLD. Multiple studies have shown that generation of reactive oxygen species (ROS) is key for the progression of fatty liver to steatohepatitis. Herbal drugs have been used in the treatment of liver diseases since ancient times, developed in Eastern medicine and has a time-honored history. Essential oils are botanical origin complex mixtures of volatile aroma compounds. These oils are derived by mechanical pressing, hydro distillation, steam distillation or supercritical fluid extraction of virtually every plant parts. Golbahar Gostar Company after examining various materials and compounds, has obtained Magic Liver herbal distillate. This product with antioxidant compounds is the best choice for fatty liver disease in compare to chemical medications. This review investigates the available studies on the Specification and Health benefits of some medicinal plants (Cichorium intybus L, Apium graveolens, Fumaria officinalis, Anethum graveolens, Crataegus spp, Zingiber officinale) used in Magic Liver herbal distillate. **Keywords:** Medicinal Plants, Fatty Liver, Oxidative stress, Antioxidant, Magic Liver herbal distillate.

¹ Corresponding Author