



Investigation of anti-microorganism and anti-inflammatory properties of nettle plant extract with honey in the treatment of viral shingles disease

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Abstract

Shingles, a viral disease that is the productive agent of the varicella zoster virus (chickenpox agent), is when reactivated due to an irritating agent or immunodeficiency. In this case, a painful localized disease is caused called shingles. The inflammatory effect on your skin (burning) creates an through siege the skin through vascular plants upload - stimulate the mechanical - and through the triggers biochemical. Honey produced by alchemy called bees is a collection of nectar flowers, gum and mud pollen that helps keep moisture and fight aging and a variety of bacteria. in this trial of 25 people from the human that disease, shingles were used, so that in between these people, 10 people of these people as Group A (control group) and 15 patients as the test group (group B) we use. Then mix arisen from honey and nettle to 15 patients with disease, shingles, prescription was, and this people, this mix in the places that the inflammation shingles created on a daily basis, 3 times the people. And each time consumed after 45 minutes it was washed with water. This practice continued in these people for a week. The compound consumption in these subjects continued for one week until finally on the 7th day of the experiment, all 15 subjects were fully recovered from shingles wounds. Key words: shingles, honey, nettle, steroid, anti-microorganism, anti-inflammatory