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## **Journal of Contemporary Urban Affairs**

Original scientific paper

2022, Volume 6, Number 2, pages 143–155

# The Psychological Effects of Park Therapy Components on Campus Landscape Preferences

1\* Assist. Prof. Dr. Prita Indah Pratiwi D 🛛 🚾 , 2 Assoc. Prof. Dr. Bambang Sulistyantara D 📭 🚾 3 Saraswati Sisriany 🕩 📭 🚾 , 4 Samuel Nanda Lazuardi 🕩 📭

> 1.2&4 Department of Landscape Architecture, Faculty of Agriculture, IPB University, Indonesia <sup>3</sup> Yayasan Abirama Lestari Indonesia, Bogor, Indonesia

E-mail 1: pritaindahpratiwi@apps.ipb.ac.id, E-mail 2: bambang\_sulistyantara@apps.ipb.ac.id, E-mail 3: saraswatisisriany@abirama.org, E-mail 4: samlazuardi@apps.ipb.ac.id

#### ARTICLE INFO:

#### **Article History:**

Received: 13 March 2022 Revised: 25 June 2022 Accepted: 20 July 2022

Available online: 12 August 2022

#### **Keywords:**

Park therapy components; Landscape preferences; Mood states: Anxiety level; Visitor-employed photography; Image tagging; Psychological effects.

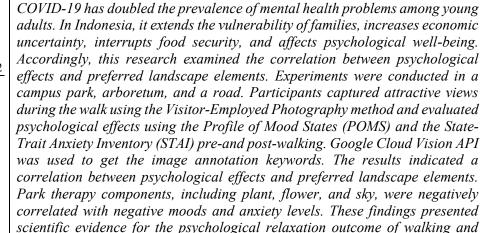
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#### **ABSTRACT**

greenspace planning.



prominent components of park therapy to support therapeutic campus

JOURNAL OF CONTEMPORARY URBAN AFFAIRS (2022), 6(2), 143-155. https://doi.org/10.25034/ijcua.2022.v6n2-3

www.ijcua.com

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### 1. Introduction

The COVID-19 global pandemic impacted Indonesia in the early 2020s, where health and human services and agriculture growth have emerged. In contrast, information communication, as well as utilities, had the highest growth rates (Asian Development Bank, 2022). The mental health of youth (15-24 years) has deteriorated significantly in the past couple of years. In most countries, mental health problems have become twice as prevalent among this age group as they were in the past due to the COVID-19 pandemic, such as depression and anxiety symptoms. Many factors contribute to mental health deterioration, including disruptions healthcare services, school closings, and a job market crisis that disproportionately affects young people (OECD, 2021). According to a study on family resilience during the COVID-19 outbreak in Indonesia, respondents were

#### \*Corresponding Author:

Department of Landscape Architecture, Faculty of Agriculture, IPB University, Indonesia

Email address: pritaindahpratiwi@apps.ipb.ac.id