Relationship of mental health, family and marital satisfaction

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Abstract

In this study examines the relationship between mental health and family and marital satisfaction were examined. Using simple random sampling survey of 96 married individuals (48 females and 48 males married couples city Javanrood 1390) were chosen as a sample. The instrument has two ENRICH Marital Satisfaction Inventory (1989) Mental Health and Goldberg (1972) and the regression coefficient comparison test research hypotheses were analyzed and explained. The results of the analysis showed that the variables mental health, depression and anxiety, affective factors that affected each of the spouses in these disorders, their marital relations in the brain. The lower rates of depression and anxiety, couples will have more fun than sex itself.

Keywords: Mental Health , Marital Satisfaction, Couples, City Javanrood