Surveying effectiveness of PMT program on parent-child relationship in parents with ADHD children
Case study: patients referred to Saveh-based consultation centers

Zahra Maddah¹, Mahdieh GHalenoee²*, Jamileh Mohtashami², Amin Pourhoseingholi³, Roghayeh Esmaeili⁴, Vahid NaseriSalahshour⁵

Corresponding author: Mahdieh Ghaenoee, Ghalenoee5.m@gmail.com

1. Student Research Committee, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran.
2. Psychiatric Nursing Department, School of Nursing and Midwifery, Shahid Beheshti University of Medical Science, Tehran, Iran.
3. Biostatistics Department of Health System Research, Research Institute for Gastroenterology and Liver Diseases, Shahid Beheshti University of Medical Sciences, Tehran, Iran.
4. Geriatric Nursing Department, School of Nursing and Midwifery, Shahid Beheshti University of Medical Science, Tehran, Iran.
5. Geriatric Nursing Department, School of Nursing and Midwifery, Shahid Beheshti University of Medical Science, Tehran, Iran.
6. Student Research Committee, School of Nursing and Midwifery, Arak University of Medical Science, Arak, Iran.

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Abstract

Background and objective: Attention deficit hyperactivity disorder (ADHD) is the most common neurobehavioral disorder in children that creates problems in parents-children relationships. Improving familial and social interactions of these children needs mental and social interventions and parents management training (PMT) program is one of these interventions. The present study is aimed at determining effectiveness of PMT program on parent-child relationship of parents with ADHD children.

Methods: Through an experimental research, 40 parents with ADHD child were selected based on purposeful sampling. Twenty parents were randomly grouped in intervention group who received an eight-session intervention course (60min each session) and the other twenty parents were grouped in the control group and received no training intervention. Research tools included a researcher-designed demographics questionnaire and Parker’s Bonding Instrument (PBI). Data gathering was done at pretest, posttest, and follow up stages. The data was analyzed using descriptive and covariance analysis.

Results: The results showed that PMT program was significantly effective on reducing excessive support and increasing parent care index in parents with ADHD children (P<0.05).

Conclusion: The results supported effectiveness of PMT program on parent-child relationship of the parents with ADHD children.