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Health Literacy and Colorectal Cancer Screening

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Abstract

Health literacy (HL) is the ability to receive, process, and interpret health information to make decisions regarding their care. According to studies, Inadequate HL has been linked to negative health outcomes, including a lack of health information, poor mental and physical health performance, poor management of chronic diseases such as cancer. Colorectal cancers (CRC), which rank third among the maximum, not unusual place styles of most cancers after lung and breast most cancers are the second one maximum common purpose of most cancers' deaths with 862 000 deaths. The incidence of CRC during life ranges between 2.4% and 5%, and positive risk factors for someone has a growth in the incidence of CRC. If was diagnosed at an early stage, CRC is a relatively treatable disease. If was diagnosed at an early stage, CRC is a relatively treatable disease The major motive of CRC screenings is to locate colorectal pathologies withinside the premalignant period, to lessen the frequency of invasive cancer, and for that reason morbidity and mortality rates, to prevent complicated remedies and to lessen fitness expenditures. Without a good understanding of information, health care will be difficult or impossible to make informed decisions that will lead to good health outcomes for herself and her family. With these Characteristic of measuring HL can be useful and necessary to be aware of and design special interventions to increase it, the possibility of Avoid the risks of limited literacy, as people with lower HL are more likely to assess their health as poor even after matching age, gender, race, and indicators of economic deprivation. Numerous articles have been published on correlation between CRC and HL; however, in the area of CRC Screening and benefiting from health literacy, a review might be helpful.

Keywords: Health literacy, Colorectal Cancers, Screening

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